



## 2025 Eastern Zone Age Group Championships Lane Timing Assignments

| Session 1<br>Wednesday Distance |        |
|---------------------------------|--------|
| Team                            | Timers |
| Metro Area Life Time            | 2      |
| Phoenix Aquatic Club USA LLC    | 2      |
| Upper Main Line YMCA            | 2      |
| Victor Swim Club                | 1      |
| Piranha Swimming                | 1      |
| Stamford Sailfish Aquatic Club  | 1      |
| Sunrise Swim Club               | 1      |
| Lakeland Hills YMCA             | 1      |

| Session 2<br>Thursday 11-14 Girls |        |
|-----------------------------------|--------|
| Team                              | Timers |
| Metro Area Life Time              | 3      |
| SwimRVA                           | 2      |
| Lakeland Hills YMCA               | 2      |
| Three Village Swim Club           | 1      |
| Phoenix Aquatic Club USA LLC      | 1      |
| Ridgefield Aquatic Club           | 1      |
| Chelsea Piers Aquatic Club        | 1      |
| BGC-N. Westchester Marlins        | 1      |
| Laurel East Hartford YMCA         | 1      |
| Team Pittsburgh Elite Aquatics    | 1      |
| Nation's Capital Swim Club        | 1      |

| Session 3<br>Thursday 11-14 Boys |        |
|----------------------------------|--------|
| Team                             | Timers |
| Stamford Sailfish Aquatic Club   | 3      |
| Nation's Capital Swim Club       | 2      |
| South Shore YMCA Strypers        | 1      |
| West Hartford Aquatic Team       | 1      |
| Scarlet Aquatics                 | 1      |
| YMCA of Greater Monmouth         | 1      |
| SwimRVA                          | 1      |
| Piranha Swimming                 | 1      |
| Princeton Tiger Aquatic Club     | 1      |
| Uncle Sam Swim Team              | 1      |
| Central Bucks Swim Team          | 1      |
| Phoenix Aquatic Club USA LLC     | 1      |

| Session 4<br>Thursday 10 & Under |        |
|----------------------------------|--------|
| Team                             | Timers |
| Rockville Montgomery Swim Club   | 3      |
| Nation's Capital Swim Club       | 3      |
| Metro Area Life Time             | 2      |
| Greater Somerset County YMCA     | 1      |
| Delaware Swim Team               | 1      |
| X-Cel Swimming                   | 1      |
| Three Village Swim Club          | 1      |
| Princeton Tiger Aquatic Club     | 1      |
| YMCA Of Greenwich Marlins        | 1      |
| Lakeland Hills YMCA              | 1      |

| Session 6<br>Friday 11-14 Boys |        |
|--------------------------------|--------|
| Team                           | Timers |
| Metro Area Life Time           | 3      |
| Scarlet Aquatics               | 2      |
| Nation's Capital Swim Club     | 2      |
| YMCA Of Greenwich Marlins      | 1      |
| Princeton Tiger Aquatic Club   | 1      |
| Freedom Aquatics               | 1      |
| Phoenix Aquatic Club USA LLC   | 1      |
| Westfield YMCA                 | 1      |
| Upper Main Line YMCA           | 1      |
| YMCA of Greater Monmouth       | 1      |
| South Shore YMCA Strypers      | 1      |

| Session 7<br>Friday 11-14 Girls |        |
|---------------------------------|--------|
| Team                            | Timers |
| Metro Area Life Time            | 3      |
| SwimRVA                         | 2      |
| Chelsea Piers Aquatic Club      | 1      |
| Upper Dublin Aquatic Club       | 1      |
| X-Cel Swimming                  | 1      |
| Laurel East Hartford YMCA       | 1      |
| Clifton Boys & Girls Club       | 1      |
| Nation's Capital Swim Club      | 1      |
| Three Village Swim Club         | 1      |
| Peddle Aquatic Association      | 1      |
| Seneca Valley Swim Club         | 1      |
| Skaneateles Lightning           | 1      |

| Session 8<br>Friday 10 & Under |        |
|--------------------------------|--------|
| Team                           | Timers |
| Rockville Montgomery Swim Club | 3      |
| Metro Area Life Time           | 2      |
| YMCA Of Greenwich Marlins      | 1      |
| X-Cel Swimming                 | 1      |
| Princeton Tiger Aquatic Club   | 1      |
| Stamford Sailfish Aquatic Club | 1      |
| Lakeland Hills YMCA            | 1      |
| Greater Somerset County YMCA   | 1      |
| Delaware Swim Team             | 1      |
| Badger Swim Club Inc           | 1      |
| Jersey Aquatic Club            | 1      |
| Parkland Aquatic Club          | 1      |

| Session 10<br>Saturday 11-14 Girls |        |
|------------------------------------|--------|
| Team                               | Timers |
| Metro Area Life Time               | 3      |
| Phoenix Aquatic Club USA LLC       | 1      |
| Team Pittsburgh Elite Aquatics     | 1      |
| West Hartford Aquatic Team         | 1      |
| Peddle Aquatic Association         | 1      |
| Hauppauge Swimming                 | 1      |
| Ridgefield Aquatic Club            | 1      |
| Central Bucks Region Y             | 1      |
| Chelsea Piers Aquatic Club         | 1      |
| Nation's Capital Swim Club         | 1      |
| Three Village Swim Club            | 1      |
| X-Cel Swimming                     | 1      |
| Whitewaters Swimming               | 1      |

| Session 11<br>Saturday 11-14 Boys |        |
|-----------------------------------|--------|
| Team                              | Timers |
| Stamford Sailfish Aquatic Club    | 3      |
| Metro Area Life Time              | 3      |
| Nation's Capital Swim Club        | 2      |
| Piranha Swimming                  | 1      |
| Jersey Aquatic Club               | 1      |
| Regional YMCA of Western CT       | 1      |
| Ridgefield Aquatic Club           | 1      |
| Westfield YMCA                    | 1      |
| YMCA of Greater Monmouth          | 1      |
| South Shore YMCA Strypers         | 1      |

| Session 12<br>Saturday 10 & Under |        |
|-----------------------------------|--------|
| Team                              | Timers |
| Rockville Montgomery Swim Club    | 3      |
| Nation's Capital Swim Club        | 3      |
| Lakeland Hills YMCA               | 2      |
| Buffalo Area Aquatic Club         | 1      |
| X-Cel Swimming                    | 1      |
| Stamford Sailfish Aquatic Club    | 1      |
| Greater Somerset County YMCA      | 1      |
| Three Village Swim Club           | 1      |
| YMCA Of Greenwich Marlins         | 1      |
| SwimRVA                           | 1      |

FAST will provide timers for all finals sessions.